

MRS. LUCCI'S
RESOURCE CENTRE
ANNUAL REPORT
2010-2011

MISSION STATEMENT

Helping to foster the wellbeing of the community and the people within it.

Board of Directors 2010-11

Dianne Lussier – Chairperson
Carol Nilsson – Vice Chair
Mavis Maslow – Secretary/Treasurer
Myrna Suski - Director
Tracy Cameron - Director
Leslie Wakeman – Director
Velma Magnusson- Director

Values

To fulfill the organization's mission, and to ensure a safe and trusting environment, Mrs. Lucci's Resource Centre Inc. is guided by a set of seven operating principles or values. These values are essential to our success and are therefore held in the highest regard by our staff, board, and volunteers.

- 1-**Wellbeing** – We encourage and support a balanced healthy lifestyle for our clients and staff to be effective in all that we do.
- 2-**Humor** – Laughter is highly valued in our organization. It builds rapport and trust in our relationships, and it helps maintain wellness and balance at work.
- 3-**Teamwork** – Staff, board, partners and volunteers work together as a family to create new possibilities and to keep the organization running smoothly. We combine our strengths and assist each other to succeed.
- 4-**Learning** – Our strength comes from information, knowledge, and learning. We each have much to learn and to teach.
- 5-**Nonjudgmental** – We are respectful, tolerant and accepting of all people. We treat everyone equally and accept each other as we are.
- 6-**Empathy** – We seek to understand and support our clients and team members by being open minded and caring.
- 7-**Quality Programming** – We conduct programs that are of high quality, and are responsive to the diverse needs of the community. We are proactive in seeking

input to assess programming needs on a continual basis. We program to fill gaps in the community and we avoid duplication of services.

RESOURCE CENTRE PHILOSOPHY

- 1- To work in partnership for all ages and with all agencies to enhance the income, social status and social support networks of community members.
- 2- To create and maintain an opportunity for greater communication between service providers and clients, ensuring that programming and services are client focused.
- 3- To work with parents and children maximizing all children's potential for success through healthy early childhood development.
- 4- To create opportunities that will maximize an individual's success within a variety of diverse learning environments.

OTHER INITIATIVES IN ACTION AND/OR DEVELOPMENT;

- a) public relations strategy
- b) store donations to low income families
- c) community meeting space
- d) administrative support and message center for clients
- e) store donations to other charities, ie. Canadian Diabetes Found.
- f) operation of second hand store
- g) community bulletin board in lobby - resources, pamphlets
- h) adult education program
- i) day programming for adults with cognitive disabilities
- j) mom's survival kits (for parents of preschool children)
- k) welcome baby bags

BACKGROUND

Mrs. Lucci's Resource Centre is a non-profit organization operating in the community of Lac du Bonnet. Since opening in August 1998, it has been providing residents in the community and surrounding area with a variety of services.

In October 2004, Mrs. Lucci's moved to the new facility at 76 Third Street. In January 2005, Families First and Healthy Baby, two North Eastman Health Association programs,

moved into one of the rental offices on the second floor. Office space is also rented out to the area Health Inspector, as well as Child and Family Services.

The facility is approx. 4,700 sq. ft. It contains the second hand store, large classroom space, kitchen, a resource space, main floor office, a multipurpose room and a second story with a board room and four offices.

As of July, 2011, Mrs. Lucci's has given over \$157,000.00 back to the community. Community organizations volunteer in the store for 2 weeks at a time, 27 hours/week, and in return their organization receives a \$500.00 donation.

In the 2010-2011 year, Mrs. Lucci's received operating funding from;
Healthy Child Manitoba
Sunrise School Division
CFS (rent)
Health Inspector (rent)
NEHA (rent)

STAFF

1. Executive Director and Transitional Classroom Teacher; KAREN KOST
 - wages paid entirely by Sunrise SD - classroom teacher - fulltime
 - One half day/week - works on Lucci business

2. Transitional Classroom Coordinator; KRISTIN EASTON
 - is a Lucci employee, but wages paid by Sunrise SD (on contract), 30 hours/week
 - duties include; high school liaison; assists students with course work; handles all referrals to outside agencies when needed; student support services

3. Facility Manager; CLARA HIEBERT
 - wages paid by Lucci's, and one day/week by Healthy Child, 28 hours/week
 - responsible for the daily running of the store, including volunteer coordinator; all financial preparations and record-keeping; maintenance and upkeep of the building; all lease agreements and space rentals in building

4. Community Outreach Worker; TORRIE FERENS
 - wages paid by Healthy Child Manitoba, 37.5 hours/week

- duties include; supporting individuals/families; works one half day/week in transitional classroom; school liaison and advocate for parents; working with families involved with CFS
5. Program Assistant; JANICE ENRIGHT
 - Assist Karen with administrative duties
 6. Store Supervisor; DEBBIE KETTLES
 - wages paid through revenues from the store, 27 hours/week
 - duties include; working in the store and supervising volunteers, cleaning
 7. CLIFF HIEBERT
 - Building maintenance and construction person extraordinaire!

STORE VOLUNTEER ORGANIZATIONS

Lac du Bonnet Regional library	LdB Arena Board
Little Buddies Nursery school	LdB Christmas Hamper Committee
LdB Bowling League	Two Rivers Services to Seniors
Centennial School Parent Advisory Council	
Abundant Life Church	LdB Quilters
LdB Food Bank	Horticultural Society
LdB Lions Club	LdB Curling Club
Anglican Church	Health Auxiliary
Catholic Church	Two Rivers Services for Seniors
Lutheran Church	LdB Historical Society
Pioneer Club	Knights of Columbus

Some organizations have volunteered more than once during the fiscal year.

COMMUNITY CAPACITY BUILDING

Every year, Mrs. Lucci's has provided services and/or supports to over 300 individuals in the community. All services, supports and programs are developed based on community needs and exist to fill in gaps in service delivery. Lucci's actively participates in several annual community events, such as Safe Kids Week, and the 3 and 4 year Old Wellness Clinic, called Ready, Set, Grow.

2010-11 PROGRAMS;

HEALTHY CHILD MANITOBA programs -

BABYSITTING COURSE

Mrs. Lucci's pays for all students in grade 6 to receive the babysitting training course. We feel that it is important for all young adults to understand the safety and developmental needs of children who are in their care.

HOME ALONE

To ensure that all children in grade 4 learn the basic home safety rules, in the event that they are ever left home alone for short periods of time

AFTER SCHOOL FRIENDSHIP PROGRAMS/GRADE 6 GIRL'S CLUB

Once/week for 8 weeks (several times throughout the year), a group of elementary students attend an after school program at Centennial School that helps support and develop social skills. The students first get together and enjoy a nutritious snack, and then they go on to participate in activities and games that encourage cooperative play. For example, concern was identified regarding the need to provide grade 6 girls with the necessary skills to enter high school. Focus groups with the girls were held to give them an opportunity to identify their needs and concerns. As a result an after school program was developed to meet their needs.

PARENTS HELPING PARENTS (Tuesday mornings)

Weekly Parent and Tot sessions are held to give parents an opportunity to share ideas and strategies with other parents. Children are given the opportunity to play with other children, make a craft, sing songs, and tell stories.

PARENTS HELPING PARENTS (Tuesday afternoons)

Parents and their children are invited to attend a parenting group that discusses and works through the many challenges that parents face; poverty, housing, custody, health, and legal issues.

Guest speakers and workshops have included; attachment and play; infant massage; will preparation; Comfort, Play, and Teach; public health; dental health; school tours; etc.

KIDS IN THE KITCHEN

A weekly cooking class is made available for children ages 6-17. The focus is on cooking safety and nutrition. This program has a fee of \$30. Mrs. Lucci's pays for 5 children per

session who would not otherwise be able to afford to attend. This program is offered to children of various age groups, three or four times throughout the year.

PRESCHOOL GYM NIGHT

This program is offered one night/week, for 10 weeks during the winter months. The intention of running the program in the winter is to give families with young children a warm and safe environment in which they can meet, interact, get some physical exercise, play games, use sports equipment, etc.

As an addition to this program, our facilitator offered a 6-week drop-in soccer program for kids ages birth-6 years.

PROGRAMS IN DEVELOPMENT

1. Adult Day Program (for adults with cognitive disabilities) – Day Services include a range of supports and training to help individuals to participate in the community through a variety of community based activities. In many cases the daily plan will include supported employment and follow-up services (support individuals in paid jobs in community settings), as well as vocationally focused services (help develop, maintain and enhance vocational and social skills). These services will be provided at various locations throughout our community. Personal development services will also be emphasized, in order to develop, maintain and enhance an individual's personal care and social skills, emotional growth, physical development, and community skills.
2. Students' assisting with Healthy Child Program – Lucci's has created a program that provides level 2 funded students from LdBSS with the opportunity to assist our HCM Program Facilitators with the planning, preparation and implementation of many of our family focused programs.

SUNRISE SCHOOL DIVISION program -

TRANSITIONAL CLASSROOM

In partnership with Sunrise School Division, a transitional classroom was developed with Mrs. Lucci's. The focus was to provide opportunities and supports for students who are not achieving success in the regular high school program

2010-11 COMMUNITY DEVELOPMENT PARTICIPATION

LAC DU BONNET INTERAGENCY COMMITTEE

Monthly meetings including Public Health, RCMP, school, recreation, CFS, community stakeholders and Mrs. Lucci's take place to share resource opportunities and discuss partnerships between agencies that could better meet the needs of the community.

INFORMATION/ADVOCACY/SUPPORT

Mrs. Lucci's provides advocacy support to individuals who request assistance in writing letters to, and/or attending meetings with agencies such as the school, daycare, Social Assistance, CFS, EI and landlords. Many community members drop by the Centre requesting information on a variety of issues. Lucci's staff works with the individuals to best answer their questions and to make the appropriate referrals when necessary. Time is always given to community members as all programs have originated from an expressed need.

BRIGHT BEGINNINGS COALITION

Mrs. Lucci's participates in the regional parent-child coalition and regional forum.

NORTH EASTMAN REGIONAL PARENTING COMMITTEE

REGIONAL INTERSECTORAL COMMITTEE

LAC DU BONNET PRESCHOOL NETWORK

LAC DU BONNET MENTORSHIP COMMITTEE

LAC DU BONNET AREA FOOD BANK

LAC DU BONNET HOUSING COMMITTEE

PROVINCIAL CFS ADVISORY COMMITTEE

NEHA programs that are located in Mrs. Lucci's facility;

Families First - Kathryn Podaima and Maureen Williams

Healthy Baby - Shelley Kaminski and Alicia Neurenberg

Health Inspector - Andreas Oertel